



New Heights School January Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
1/1	1/2	1/3	1/4	1/5
NO SCHOOL	Main Entrée Cheese Pizza Pepperoni Pizza Sides Garden Salad Fresh Fruit & Veggie Bar Alternates Meatball Sub Uncrustable	Main Entrée Chicken Tenders Sides Dinner Roll Fresh Fruit & Veggie Bar Mashed potatoes w/chicken gravy Alternates Mac & Cheese Uncrustable	Main Entrée Chicken Alfredo w/garlic breadstick Sides Caesar Salad Fresh Fruit & Veggie Bar Alternates Southwest Salad Uncrustable	Main Entrée Chicken Walking Taco Sides Refried Beans Fresh Fruit & Veggie Bar Alternates Mini Corn Dogs Uncrustable
1/8	1/9	1/10	1/11	1/12
Main Entrée Grilled Cheese Sandwich Sides Tater Tots Tomato Soup Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable	Main Entrée Cheeseburger or Hamburger Sides Garden Salad Fresh Fruit & Veggie Bar Baked beans Alternates Southwest Salad Uncrustable	Main Entrée Italian Dunkers w/marinara sauce Sides Caesar Salad Fresh Fruit & Veggie Bar Alternates Italian Sandwich Uncrustable	Main Entrée Orange Chicken Sides Brown Rice Fortune Cookie Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Uncrustable	Main Entrée Popcorn Chicken Sides Dinner Roll (served only w/chicken) Garlic Rosemary Potatoes Fresh Fruit & Veggie Bar Alternates Pizza Roll Crunchers Uncrustable
1/15	1/16	1/17	1/18	1/19
NO SCHOOL	Main Entrée Cheese Pizza Pepperoni Pizza Sides Garden Salad Fresh Fruit & Veggie Bar Alternates Meatball Sub Uncrustable	Main Entrée Chicken Tenders Sides Dinner Roll Fresh Fruit & Veggie Bar Mashed potatoes w/chicken gravy Alternates Mac & Cheese Uncrustable	Main Entrée Chicken Alfredo w/garlic breadstick Sides Caesar Salad Fresh Fruit & Veggie Bar Alternates Southwest Salad Uncrustable	Main Entrée Chicken Walking Taco Sides Refried Beans Fresh Fruit & Veggie Bar Alternates Mini Corn Dogs Uncrustable
1/22	1/23	1/24	1/25	1/26
NO SCHOOL	Main Entrée Cheeseburger or Hamburger Sides Garden Salad Fresh Fruit & Veggie Bar Baked beans Alternates Southwest Salad Uncrustable	Main Entrée Italian Dunkers w/marinara sauce Sides Caesar Salad Fresh Fruit & Veggie Bar Alternates Italian Sandwich Uncrustable	Main Entrée Orange Chicken Sides Brown Rice Fortune Cookie Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Uncrustable	Main Entrée Popcorn Chicken Sides Dinner Roll (served only w/chicken) Garlic Rosemary Potatoes Fresh Fruit & Veggie Bar Alternates Pizza Roll Crunchers Uncrustable
1/29	1/30	1/31		
Main Entrée Crispy Chicken Sandwich Sides Roasted Root Vegetables Cinnamon Applesauce Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Uncrustable	Main Entrée Cheese Pizza Pepperoni Pizza Sides Garden Salad Fresh Fruit & Veggie Bar Alternates Meatball Sub Uncrustable	Main Entrée Chicken Tenders Sides Dinner Roll Fresh Fruit & Veggie Bar Mashed potatoes w/chicken gravy Alternates Mac & Cheese Uncrustable		

Reminder: Ala Carte Milk Costs 65¢