



New Heights School May/June Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
5/2	5/3	5/4	5/5	5/6
Beef Meatball Sub WG Hoagie Bun Mozzarella Cheese Fresh Broccoli Applesauce Cup	Chicken Nachos Tortilla Chips Cheddar cheese shredded lettuce Celery Fresh Apple	Sloppy Joe on WG Bun Corn Peach Cup	Chicken Tenders WG Tea Biscuit Veg Baked Beans Fresh Orange BBQ Sauce	PIZZA Fresh Carrots Fresh Apple
5/9	5/10	5/11	5/12	5/13
Pizza Chicken Burger on WG Bun Corn Niblets Fresh Apple	French Toast & Turkey Sausage Fresh Carrots Fresh Cucumber coins Strawberry Cup Syrup	Beef Cheeseburger on WG Bun Veg Baked Beans Applesauce Cup Ketchup	Chicken Marinara w/ Mozzarella Cheese WG Teabiscuit Brown Rice Fresh Broccoli Fresh Orange	PIZZA Fresh Carrots Fresh Celery Sticks Fresh Apple
5/16	5/17	5/18	5/19	5/20
Mac & Cheese WG Teabiscuit Mixed Vegetables Applesauce Cup	BBQ Drumstick Veg. Brown Rice WG Teabiscuit Fresh Carrots Fresh Banana	Beef Hot Dog on WG Hot Dog Bun Baked beans Applesauce Cup Ketchup	Softshell Beef Taco Corn salsa WG 8" Tortilla Shredded Cheese & Lettuce Fresh Apple	PIZZA Fresh Broccoli Fresh Orange Fresh Cucumber coins
5/23	5/24	5/25	5/26	5/27
Beef Hot Dog on WG Hot Dog Bun Veg. Baked Beans Strawberry Applesauce Cup Ketchup PC	Chicken Parmesan Sandwich WG Hamburger Bun Marinara Sauce Shredded Mozzarella Green Beans Fresh Banana	Sweet & Sour Chicken Veg Brown Rice Fresh Broccoli Fresh Carrots Strawberry Cup Sweet & sour sauce	BBQ Chicken Sandwich Corn Fresh Orange	Pizza Fresh Carrots Fresh Apple
5/30	5/31	6/1	6/2	
NO SCHOOL	Chicken Nachos Tortilla Chips Cheddar cheese shredded lettuce Celery Fresh Apple	Sloppy Joe on WG Bun Corn Peach Cup Last day of school Grades K-5	Chicken Tenders WG Tea Biscuit Veg Baked Beans Fresh Orange BBQ Sauce Last day of school Grades 6-12	Lancer Dining Services does not use peanuts, pork, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings.