



New Heights School October Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
10/2	10/3	10/4	10/5	10/6
Main Entrée Walking Taco w/beef & cheese Sides Fiesta Black Beans Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Uncrustable	Main Entrée Crispy Chicken Sandwich Sides Potato Salad Fresh Fruit & Veggie Bar Baked Chips Alternates Ham & Cheese Hoagie Uncrustable	Main Entrée Popcorn Chicken w/dinner roll Sides Mashed potatoes & gravy Fresh Fruit & Veggie Bar Alternates Rib B Que Uncrustable	Main Entrée Penne Pasta w/Bolognese Sauce Sides Caesar Salad Garlic Breadstick served w/pasta only Fresh Fruit & Veggie Bar Alternates Southwest Salad Uncrustable	Main Entrée Cheese Pizza Pepperoni Pizza Sides Smile Fries & Coleslaw Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Hoagie Uncrustable
10/9	10/10	10/11	10/12	10/13
Main Entrée Colby Cheese Omelet French Toast Sticks Sides Cheesy Potatoes Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Hoagie Uncrustable	Main Entrée Mini Corn Dogs Sides Baked beans Fresh Fruit & Veggie Bar Alternates Caesar Salad Uncrustable	Main Entrée Italian Dunkers w/marinara sauce Sides Caesar Salad Fresh Fruit & Veggie Bar Alternates Maxsnax totally tacos Uncrustable	Main Entrée Orange Chicken w/brown rice Sides Root Veggies Fresh Fruit & Veggie Bar Alternates Southwest Salad Uncrustable	Main Entrée Lasagna Rollup Sides Breadstick (served w/lasagna only) Cavendish fries Fresh Fruit & Veggie Bar Alternates Chicken Tenders Uncrustable
10/16	10/17	10/18	10/19	10/20
Main Entrée Walking Taco w/beef & cheese Sides Fiesta Black Beans Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Uncrustable	Main Entrée Crispy Chicken Sandwich Sides Potato Salad Fresh Fruit & Veggie Bar Baked Chips Alternates Ham & Cheese Hoagie Uncrustable	Main Entrée Popcorn Chicken w/dinner roll Sides Mashed potatoes & gravy Fresh Fruit & Veggie Bar Alternates Rib B Que Uncrustable	NO SCHOOL	NO SCHOOL
10/23	10/24	10/25	10/26	10/27
NO SCHOOL	Main Entrée Mini Corn Dogs Sides Baked beans Fresh Fruit & Veggie Bar Alternates Caesar Salad Uncrustable	Main Entrée Italian Dunkers w/marinara sauce Sides Caesar Salad Fresh Fruit & Veggie Bar Alternates Maxsnax totally tacos Uncrustable	Main Entrée Orange Chicken w/brown rice Sides Root Veggies Fresh Fruit & Veggie Bar Alternates Southwest Salad Uncrustable	Main Entrée Lasagna Rollup Sides Breadstick (served w/lasagna only) Cavendish fries Fresh Fruit & Veggie Bar Alternates Chicken Tenders Uncrustable
10/30	10/31			
Main Entrée Walking Taco w/beef & cheese Sides Fiesta Black Beans Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Uncrustable	Main Entrée Crispy Chicken Sandwich Sides Potato Salad Fresh Fruit & Veggie Bar Baked Chips Alternates Ham & Cheese Hoagie Uncrustable			