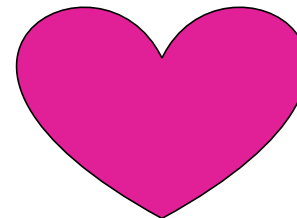


New Heights School February Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			2/1	2/2
			Main Entrée Chicken Alfredo w/garlic breadstick Sides Caesar Salad Fresh Fruit & Veggie Bar Alternates Southwest Salad Uncrustable	Main Entrée Chicken Walking Taco Sides Refried Beans Fresh Fruit & Veggie Bar Alternates Mini Corn Dogs Uncrustable
2/5	2/6	2/7	2/8	2/9
Main Entrée Grilled Cheese Sandwich Sides Tater Tots Tomato Soup Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable	Main Entrée Cheeseburger or Hamburger Sides Garden Salad Fresh Fruit & Veggie Bar Baked beans Alternates Southwest Salad Uncrustable	Main Entrée Italian Dunkers w/marinara sauce Sides Caesar Salad Fresh Fruit & Veggie Bar Alternates Italian Sandwich Uncrustable	Main Entrée Orange Chicken Sides Brown Rice Fortune Cookie Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Uncrustable	Main Entrée Popcorn Chicken Sides Dinner Roll (served only w/chicken) Garlic Rosemary Potatoes Fresh Fruit & Veggie Bar Alternates Pizza Roll Crunchers Uncrustable
2/12	2/13	2/14	2/15	2/16
Main Entrée Crispy Chicken Sandwich Sides Roasted Root Vegetables Cinnamon Applesauce Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Uncrustable	Main Entrée Cheese Pizza Pepperoni Pizza Sides Garden Salad Fresh Fruit & Veggie Bar Alternates Meatball Sub Uncrustable	Main Entrée Chicken Tenders Sides Dinner Roll Fresh Fruit & Veggie Bar Mashed potatoes w/chicken gravy Alternates Mac & Cheese Uncrustable	Main Entrée Chicken Alfredo w/garlic breadstick Sides Caesar Salad Fresh Fruit & Veggie Bar Alternates Southwest Salad Uncrustable	NO SCHOOL
2/19	2/20	2/21	2/22	2/23
NO SCHOOL	Main Entrée Cheeseburger or Hamburger Sides Garden Salad Fresh Fruit & Veggie Bar Baked beans Alternates Southwest Salad Uncrustable	Main Entrée Italian Dunkers w/marinara sauce Sides Caesar Salad Fresh Fruit & Veggie Bar Alternates Italian Sandwich Uncrustable	Main Entrée Orange Chicken Sides Brown Rice Fortune Cookie Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Uncrustable	Main Entrée Popcorn Chicken Sides Dinner Roll (served only w/chicken) Garlic Rosemary Potatoes Fresh Fruit & Veggie Bar Alternates Pizza Roll Crunchers Uncrustable
2/26	2/27	2/28	2/29	
Main Entrée Crispy Chicken Sandwich Sides Roasted Root Vegetables Cinnamon Applesauce Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Uncrustable	Main Entrée Cheese Pizza Pepperoni Pizza Sides Garden Salad Fresh Fruit & Veggie Bar Alternates Meatball Sub Uncrustable	Main Entrée Chicken Tenders Sides Dinner Roll Fresh Fruit & Veggie Bar Mashed potatoes w/chicken gravy Alternates Mac & Cheese Uncrustable	Main Entrée Chicken Alfredo w/garlic breadstick Sides Caesar Salad Fresh Fruit & Veggie Bar Alternates Southwest Salad Uncrustable	

Reminder: Ala Carte Milk Costs 65¢