

New Heights School February Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			2/1	2/2
			Main Entrée Chicken Alfredo w/garlic breadstick Sides	Main Entrée Chicken Walking Taco
			Caesar Salad	Sides
			Fresh Fruit & Veggie Bar	Refried Beans Fresh Fruit & Veggie Bar
			Alternates	Alternates
			Southwest Salad Uncrustable	Mini Corn Dogs Uncrustable
2/5	2/6	2/7	2/8	2/9
Main Entrée	Main Entrée	Main Entrée	Main Entrée	Main Entrée
Grilled Cheese Sandwich	Cheeseburger or Hamburger	Italian Dunkers w/marinara sauce	Orange Chicken	Popcorn Chicken
Sides	Sides	Sides	Sides	Sides
Tater Tots	Garden Salad	Caesar Salad	Brown Rice	Dinner Roll (served only w/chicken)
Tomato Soup	Fresh Fruit & Veggie Bar	Fresh Fruit & Veggie Bar	Fortune Cookie	Garlic Rosemary Potatoes
Fresh Fruit & Veggie Bar	Baked beans	33	Fresh Fruit & Veggie Bar	Fresh Fruit & Veggie Bar
Alternates	Alternates	Alternates	Alternates	Alternates
Turkey & Cheese Sub	Southwest Salad	Italian Sandwich	Chicken Caesar Salad	Pizza Roll Crunchers
Uncrustable	Uncrustable	Uncrustable	Uncrustable	Uncrustable
2/12	2/13	2/14	2/15	2/16
Main Entrée	Main Entrée	Main Entrée	Main Entrée	
Crispy Chicken Sandwich	Cheese Pizza	Chicken Tenders	Chicken Alfredo w/garlic breadstick	
Sides	Pepperoni Pizza	Sides	Sides	
Roasted Root Vegetables	Sides	Dinner Roll	Caesar Salad	
Cinnamon Applesauce	Garden Salad	Fresh Fruit & Veggie Bar	Fresh Fruit & Veggie Bar	NO SCHOOL
Fresh Fruit & Veggie Bar	Fresh Fruit & Veggie Bar	Mashed potatoes w/chicken gravy	I reality and a reggio bai	1 10 0011002
Alternates	Alternates	Alternates	Alternates	
Chicken Caesar Salad	Meatball Sub	Mac & Cheese	Southwest Salad	
Uncrustable	Uncrustable	Uncrustable	Uncrustable	
2/19	2/20	2/21	2/22	2/23
2/19	Main Entrée	Main Entrée	Main Entrée	Main Entrée
	Cheeseburger or Hamburger	Italian Dunkers w/marinara sauce	Orange Chicken	Popcorn Chicken
	Sides	Sides	Sides	Sides
			Brown Rice	
NO SCHOOL	Garden Salad	Caesar Salad	Fortune Cookie	Dinner Roll (served only w/chicken)
NO SCHOOL	Fresh Fruit & Veggie Bar Baked beans	Fresh Fruit & Veggie Bar	_	Garlic Rosemary Potatoes
		A14 4	Fresh Fruit & Veggie Bar	Fresh Fruit & Veggie Bar
	Alternates	Alternates	Alternates	Alternates
	Southwest Salad	Italian Sandwich	Chicken Caesar Salad	Pizza Roll Crunchers
2/22	Uncrustable	Uncrustable	Uncrustable	Uncrustable
2/26 Main Entrée	2/27 Main Entrée	2/28 Main Entrée	2/29 Main Entrée	
Main Entree Crispy Chicken Sandwich	Main Entree Cheese Pizza	Main Entree Chicken Tenders		
Sides		Sides	Chicken Alfredo w/garlic breadstick Sides	
	Pepperoni Pizza			
Roasted Root Vegetables	Sides	Dinner Roll	Caesar Salad	
Cinnamon Applesauce	Garden Salad	Fresh Fruit & Veggie Bar	Fresh Fruit & Veggie Bar	
Fresh Fruit & Veggie Bar	Fresh Fruit & Veggie Bar	Mashed potatoes w/chicken gravy		
Alternates	Alternates	Alternates	Alternates	
Chicken Caesar Salad	Meatball Sub	Mac & Cheese	Southwest Salad	
Uncrustable	Uncrustable	Uncrustable	Uncrustable	

Reminder: Ala Carte Milk Costs 65¢