



New Heights School Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
		3/1	3/2	3/3
		Main Entrée Chicken Tenders Sides Dinner Roll (served w/main entrée only) Fresh Fruit & Veggie Bar Mashed potatoes w/chicken gravy Alternates Turkey & Cheese Sub Uncrustable	Main Entrée Meatball Sub Sides Creamy Coleslaw Crispy French Fries Fresh Fruit & Veggie Bar Alternates Ham & Cheese Sub Uncrustable	Main Entrée Beef Walking Taco Sides Refried Beans Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable
3/6	3/7	3/8	3/9	3/10
Main Entrée Cheese Quesadilla Sides Fiesta Black Beans Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable	Main Entrée Colby Cheese Omelet French Toast Sticks Sides Cinnamon Applesauce Fresh Fruit & Veggie Bar Alternates Ham and Cheese Sub Uncrustable	Main Entrée Macaroni & Cheese Sides Dinner Roll Mashed potatoes w/chicken gravy Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Uncrustable	Main Entrée Orange Chicken Sides Brown Rice Fortune Cookie Fresh Fruit & Veggie Bar Alternates Southwest Salad Uncrustable	Main Entrée Pizza Roll Crunchers Sides Caesar Salad Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable
3/13	3/14	3/15	3/16	3/17
Main Entrée Popcorn Chicken Sides Garlic Breadstick Smile Fries Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable	Main Entrée Penne Pasta w/bolognese Sauce Sides Caesar Salad Fresh Fruit & Veggie Bar Garlic Breadstick Alternates Ham and Cheese Sub Uncrustable	Main Entrée Chicken Sandwich Sides Baked chips Potato Salad Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Uncrustable	Main Entrée Cheese or Pepperoni Pizza Sides Creamy Coleslaw French Fries Fresh Fruit & Veggie Bar Alternates Southwest Salad Uncrustable	Main Entrée Mini Corn Dogs Sides Baked Beans Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable
3/20	3/21	3/22	3/23	3/24
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
3/27	3/28	3/29	3/30	3/31
Main Entrée Cheese Quesadilla Sides Fiesta Black Beans Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable	Main Entrée Colby Cheese Omelet French Toast Sticks Sides Cinnamon Applesauce Fresh Fruit & Veggie Bar Alternates Ham and Cheese Sub Uncrustable	Main Entrée Macaroni & Cheese Sides Dinner Roll Mashed potatoes w/chicken gravy Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Uncrustable	Main Entrée Orange Chicken Sides Brown Rice Fortune Cookie Fresh Fruit & Veggie Bar Alternates Southwest Salad Uncrustable	Main Entrée Pizza Roll Crunchers Sides Caesar Salad Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable

Student Breakfast \$2.50 Student Lunch \$3.75 Adult Lunch \$4.80 Ala Carte Milk \$0.65