

New Heights School November Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	11/1	11/2	11/3	11/4
	Main Entrée Penne Pasta w/Bolognese Sauce Sides Caesar Salad	Main Entrée Popcorn Chicken Sides Dinner Roll (served w/main entrée only)	Main Entrée Crispy Chicken Sandwich Sides Baked Chips	Main Entrée Cheese Pizza Pepperoni Pizza Sides
	Fresh Fruit & Veggie Bar Breadstick Alternates	Mashed potatoes w/chicken gravy Fresh Fruit & Veggie Bar Alternates	Potato Salad Fresh Fruit & Veggie Bar Alternates	Smile Fries Fresh Fruit & Veggie Bar Alternates
	Ham & Cheese Sub Uncrustable	Turkey & Cheese Sub Uncrustable	Southwest Salad Uncrustable	Turkey & Cheese Sub Uncrustable
11/7	11/8	11/9	11/10	11/11
NO SCHOOL	NO SCHOOL	Main Entrée Italian Dunkers w/marinara sauce Sides Crispy French Fries Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Uncrustable	Main Entrée Orange Chicken Sides Brown Rice Fortune Cookie Fresh Fruit & Veggie Bar Alternates Southwest Salad Uncrustable	Main Entrée Lasagna Rollup Sides Caesar Salad Breadstick (served w/lasagna only) Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable
11/14	11/15	11/16	11/17	11/18
Main Entrée Walking Taco w/beef & cheese Sides Fiesta Black Beans Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Uncrustable 11/21 Main Entrée Colby Cheese Omelet French Toast Sticks	Main Entrée Penne Pasta w/Bolognese Sauce Sides Caesar Salad Fresh Fruit & Veggie Bar Breadstick Alternates Ham & Cheese Sub Uncrustable 11/22 Main Entrée Mini Corn Dogs Sides	Main Entrée Popcorn Chicken Sides Dinner Roll (served w/main entrée only) Mashed potatoes w/chicken gravy Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable 11/23	Main Entrée Crispy Chicken Sandwich Sides Baked Chips Potato Salad Fresh Fruit & Veggie Bar Alternates Southwest Salad Uncrustable	Main Entrée Cheese Pizza Pepperoni Pizza Sides Smile Fries Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable
Sides Tater Tots Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable	Baked beans Fresh Fruit & Veggie Bar Alternates Ham & Cheese Sub Uncrustable	NO SCHOOL	NO SCHOOL	NO SCHOOL
11/28	11/29	11/30		
Main Entrée Walking Taco w/beef & cheese Sides Fiesta Black Beans Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Uncrustable	Main Entrée Penne Pasta w/Bolognese Sauce Sides Caesar Salad Fresh Fruit & Veggie Bar Breadstick Alternates Ham & Cheese Sub Uncrustable	Main Entrée Popcorn Chicken Sides Dinner Roll (served w/main entrée only) Mashed potatoes w/chicken gravy Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable		