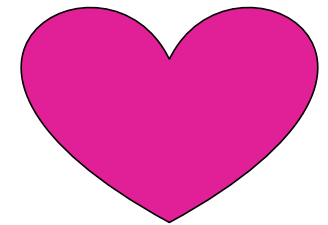


New Heights School February Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
		2/1	2/2	2/3
		Main Entrée Chicken Tenders Sides Dinner Roll (served w/main entrée only) Fresh Fruit & Veggie Bar Mashed potatoes w/chicken gravy Alternates Turkey & Cheese Sub Uncrustable	Main Entrée Meatball Sub Sides Creamy Coleslaw Crispy French Fries Fresh Fruit & Veggie Bar Alternates Ham & Cheese Sub Uncrustable	Main Entrée Beef Walking Taco Sides Refried Beans Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable
2/6	2/7	2/8	2/9	2/10
Main Entrée Grilled Cheese Sandwich Sides Tater Tots Tomato Soup Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Uncrustable	Main Entrée Cheeseburger or Hamburger Sides Baked beans Fresh Fruit & Veggie Bar Garden Salad Alternates Southwest Salad Uncrustable	Main Entrée Italian Dunkers w/marinara sauce Sides Caesar Salad Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable	Main Entrée Orange Chicken Sides Brown Rice Fortune Cookie Fresh Fruit & Veggie Bar Alternates Ham & Cheese Sub Uncrustable	Main Entrée Colby Cheese Omelet French Toast Sticks Sides Garlic Rosemary Potatotoes Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable
2/13	2/14	2/15	2/16	2/17
Main Entrée Crispy Chicken Sandwich Sides Roasted Root Vegetables Cinnamon Applesauce Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Uncrustable	Main Entrée Alfredo Penne Pasta Sides Caesar Salad Fresh Fruit & Veggie Bar Garlic Breadstick Alternates Southwest Salad Uncrustable	Main Entrée Chicken Tenders Sides Dinner Roll (served w/main entrée only) Fresh Fruit & Veggie Bar Mashed potatoes w/chicken gravy Alternates Turkey & Cheese Sub Uncrustable	Main Entrée Meatball Sub Sides Creamy Coleslaw Crispy French Fries Fresh Fruit & Veggie Bar Alternates Ham & Cheese Sub Uncrustable	NO SCHOOL
2/20	2/21	2/22	2/23	2/24
NO SCHOOL	Main Entrée Cheeseburger or Hamburger Sides Baked beans Fresh Fruit & Veggie Bar Garden Salad Alternates Southwest Salad Uncrustable	Main Entrée Italian Dunkers w/marinara sauce Sides Caesar Salad Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable	Main Entrée Orange Chicken Sides Brown Rice Fortune Cookie Fresh Fruit & Veggie Bar Alternates Ham & Cheese Sub Uncrustable	Main Entrée Colby Cheese Omelet French Toast Sticks Sides Garlic Rosemary Potatotoes Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable
2/27	2/28			
Main Entrée Crispy Chicken Sandwich Sides Roasted Root Vegetables Cinnamon Applesauce Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Uncrustable	Main Entrée Alfredo Penne Pasta Sides Caesar Salad Fresh Fruit & Veggie Bar Garlic Breadstick Alternates Southwest Salad Uncrustable			

Student Breakfast \$2.50 Student Lunch \$3.75 Adult Lunch \$4.80 Ala Carte Milk \$0.65