



New Heights School

August/September Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
8/28	8/29	8/30	8/31	9/1
NO SCHOOL	<p>Main Entrée Mini Corn Dogs</p> <p>Sides Baked beans Fresh Fruit & Veggie Bar</p> <p>Alternates Caesar Salad Un crustable</p>	<p>Main Entrée Italian Dunkers w/marinara sauce</p> <p>Sides Caesar Salad Fresh Fruit & Veggie Bar</p> <p>Alternates Maxsnax totally tacos Un crustable</p>	<p>Main Entrée Orange Chicken w/brown rice</p> <p>Sides Root Veggies Fresh Fruit & Veggie Bar</p> <p>Alternates Southwest Salad Un crustable</p>	NO SCHOOL
9/4	9/5	9/6	9/7	9/8
NO SCHOOL	<p>Main Entrée Crispy Chicken Sandwich</p> <p>Sides Potato Salad Fresh Fruit & Veggie Bar Baked Chips</p> <p>Alternates Ham & Cheese Hoagie Un crustable</p>	<p>Main Entrée Popcorn Chicken w/dinner roll</p> <p>Sides Mashed potatoes & gravy Fresh Fruit & Veggie Bar</p> <p>Alternates Rib B Que Un crustable</p>	<p>Main Entrée Penne Pasta w/Bolognese Sauce</p> <p>Sides Caesar Salad Garlic Breadstick served w/pasta only Fresh Fruit & Veggie Bar</p> <p>Alternates Southwest Salad Un crustable</p>	<p>Main Entrée Cheese Pizza Pepperoni Pizza</p> <p>Sides Smile Fries & Coleslaw Fresh Fruit & Veggie Bar</p> <p>Alternates Turkey & Cheese Hoagie Un crustable</p>
9/11	9/12	9/13	9/14	9/15
<p>Main Entrée Colby Cheese Omelet French Toast Sticks</p> <p>Sides Cheesy Potatoes Fresh Fruit & Veggie Bar</p> <p>Alternates Turkey & Cheese Hoagie Un crustable</p>	<p>Main Entrée Mini Corn Dogs</p> <p>Sides Baked beans Fresh Fruit & Veggie Bar</p> <p>Alternates Caesar Salad Un crustable</p>	<p>Main Entrée Italian Dunkers w/marinara sauce</p> <p>Sides Caesar Salad Fresh Fruit & Veggie Bar</p> <p>Alternates Maxsnax totally tacos Un crustable</p>	<p>Main Entrée Orange Chicken w/brown rice</p> <p>Sides Root Veggies Fresh Fruit & Veggie Bar</p> <p>Alternates Southwest Salad Un crustable</p>	<p>Main Entrée Lasagna Rollup</p> <p>Sides Breadstick (served w/lasagna only) Cavendish fries Fresh Fruit & Veggie Bar</p> <p>Alternates Chicken Tenders Un crustable</p>
9/18	9/19	9/20	9/21	9/22
<p>Main Entrée Walking Taco w/beef & cheese</p> <p>Sides Fiesta Black Beans Fresh Fruit & Veggie Bar</p> <p>Alternates Caesar Salad Un crustable</p>	<p>Main Entrée Crispy Chicken Sandwich</p> <p>Sides Potato Salad Fresh Fruit & Veggie Bar Baked Chips</p> <p>Alternates Ham & Cheese Hoagie Un crustable</p>	<p>Main Entrée Popcorn Chicken w/dinner roll</p> <p>Sides Mashed potatoes & gravy Fresh Fruit & Veggie Bar</p> <p>Alternates Rib B Que Un crustable</p>	<p>Main Entrée Penne Pasta w/Bolognese Sauce</p> <p>Sides Caesar Salad Garlic Breadstick served w/pasta only Fresh Fruit & Veggie Bar</p> <p>Alternates Southwest Salad Un crustable</p>	<p>Main Entrée Cheese Pizza Pepperoni Pizza</p> <p>Sides Smile Fries & Coleslaw Fresh Fruit & Veggie Bar</p> <p>Alternates Turkey & Cheese Hoagie Un crustable</p>
9/25	9/26	9/27	9/28	9/29
<p>Main Entrée Colby Cheese Omelet French Toast Sticks</p> <p>Sides Cheesy Potatoes Fresh Fruit & Veggie Bar</p> <p>Alternates Turkey & Cheese Hoagie Un crustable</p>	<p>Main Entrée Mini Corn Dogs</p> <p>Sides Baked beans Fresh Fruit & Veggie Bar</p> <p>Alternates Caesar Salad Un crustable</p>	<p>Main Entrée Italian Dunkers w/marinara sauce</p> <p>Sides Caesar Salad Fresh Fruit & Veggie Bar</p> <p>Alternates Maxsnax totally tacos Un crustable</p>	<p>Main Entrée Orange Chicken w/brown rice</p> <p>Sides Root Veggies Fresh Fruit & Veggie Bar</p> <p>Alternates Southwest Salad Un crustable</p>	NO SCHOOL

Adult Lunch \$5.00 Adult Breakfast \$2.75 Ala Carte Milk \$0.65