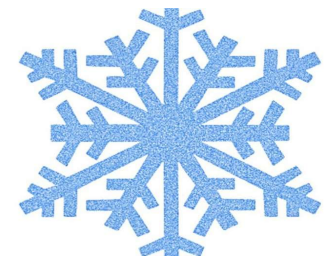




New Heights School January Lunch Menu



Monday 1/2	Tuesday 1/3	Wednesday 1/4	Thursday 1/5	Friday 1/6
NO SCHOOL	NO SCHOOL	NO SCHOOL	Main Entrée Meatball Sub Sides Creamy Coleslaw Crispy French Fries Fresh Fruit & Veggie Bar Alternates Ham & Cheese Sub Uncrustable	Main Entrée Beef Walking Taco Sides Refried Beans Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable
1/9	1/10	1/11	1/12	1/13
Main Entrée Grilled Cheese Sandwich Sides Tater Tots Tomato Soup Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Uncrustable	Main Entrée Cheeseburger or Hamburger Sides Baked beans Fresh Fruit & Veggie Bar Garden Salad Alternates Southwest Salad Uncrustable	Main Entrée Italian Dunkers w/marinara sauce Sides Caesar Salad Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable	Main Entrée Orange Chicken Sides Brown Rice Fortune Cookie Fresh Fruit & Veggie Bar Alternates Ham & Cheese Sub Uncrustable	Main Entrée Colby Cheese Omelet French Toast Sticks Sides Garlic Rosemary Potatoes Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable
1/16	1/17	1/18	1/19	1/20
NO SCHOOL	Main Entrée Alfredo Penne Pasta Sides Caesar Salad Fresh Fruit & Veggie Bar Garlic Breadstick Alternates Southwest Salad Uncrustable	Main Entrée Chicken Tenders Sides Dinner Roll (served w/main entrée only) Fresh Fruit & Veggie Bar Mashed potatoes w/chicken gravy Alternates Turkey & Cheese Sub Uncrustable	Main Entrée Meatball Sub Sides Creamy Coleslaw Crispy French Fries Fresh Fruit & Veggie Bar Alternates Ham & Cheese Sub Uncrustable	Main Entrée Beef Walking Taco Sides Refried Beans Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable
1/23	1/24	1/25	1/26	1/27
Main Entrée Grilled Cheese Sandwich Sides Tater Tots Tomato Soup Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Uncrustable	Main Entrée Cheeseburger or Hamburger Sides Baked beans Fresh Fruit & Veggie Bar Garden Salad Alternates Southwest Salad Uncrustable	Main Entrée Italian Dunkers w/marinara sauce Sides Caesar Salad Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable	Main Entrée Orange Chicken Sides Brown Rice Fortune Cookie Fresh Fruit & Veggie Bar Alternates Ham & Cheese Sub Uncrustable	Main Entrée Colby Cheese Omelet French Toast Sticks Sides Garlic Rosemary Potatoes Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Uncrustable
1/30	1/31			
NO SCHOOL	Main Entrée Alfredo Penne Pasta Sides Caesar Salad Fresh Fruit & Veggie Bar Garlic Breadstick Alternates Southwest Salad Uncrustable			

Student Breakfast \$2.50 Student Lunch \$3.75 Adult Lunch \$4.80 Ala Carte Milk \$0.65