



New Heights School

August/September Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
8/29	8/30	8/31	9/1	9/2
NO SCHOOL	Main Entrée Mini Corn Dogs Sides Baked beans Fresh Fruit & Veggie Bar Alternates Ham & Cheese Sub Grape Uncrustable	Main Entrée Italian Dunkers w/marinara sauce Sides Crispy French Fries Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Grape Uncrustable	Main Entrée Orange Chicken Sides Brown Rice Fortune Cookie Fresh Fruit & Veggie Bar Alternates Southwest Salad Grape Uncrustable	NO SCHOOL
9/5	9/6	9/7	9/8	9/9
NO SCHOOL	Main Entrée Penne Pasta w/Bolognese Sauce Sides Caesar Salad Fresh Fruit & Veggie Bar Breadstick Alternates Ham & Cheese Sub Grape Uncrustable	Main Entrée Popcorn Chicken Sides Dinner Roll Mashed potatoes w/chicken gravy Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Grape Uncrustable	Main Entrée Crispy Chicken Sandwich Sides Baked Chips Potato Salad Fresh Fruit & Veggie Bar Alternates Southwest Salad Grape Uncrustable	Main Entrée Cheese Pizza Pepperoni Pizza Sides Smile Fries Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Grape Uncrustable
9/12	9/13	9/14	9/15	9/16
Main Entrée Colby Cheese Omelet French Toast Sticks Sides Tater Tots Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Grape Uncrustable	Main Entrée Mini Corn Dogs Sides Baked beans Fresh Fruit & Veggie Bar Alternates Ham & Cheese Sub Grape Uncrustable	Main Entrée Italian Dunkers w/marinara sauce Sides Crispy French Fries Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Grape Uncrustable	Main Entrée Orange Chicken Sides Brown Rice Fortune Cookie Fresh Fruit & Veggie Bar Alternates Southwest Salad Grape Uncrustable	Main Entrée Lasagna Rollup Sides Caesar Salad Breadstick (served w/lasagna only) Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Grape Uncrustable
9/19	9/20	9/21	9/22	9/23
Main Entrée Walking Taco w/beef & cheese Sides Fiesta Black Beans Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Grape Uncrustable	Main Entrée Penne Pasta w/Bolognese Sauce Sides Caesar Salad Fresh Fruit & Veggie Bar Breadstick Alternates Ham & Cheese Sub Grape Uncrustable	Main Entrée Popcorn Chicken Sides Dinner Roll (served w/main entrée only) Mashed potatoes w/chicken gravy Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Grape Uncrustable	Main Entrée Crispy Chicken Sandwich Sides Baked Chips Potato Salad Fresh Fruit & Veggie Bar Alternates Southwest Salad Grape Uncrustable	Main Entrée Cheese Pizza Pepperoni Pizza Sides Smile Fries Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Grape Uncrustable
9/26	9/27	9/28	9/29	9/30
Main Entrée Colby Cheese Omelet French Toast Sticks Sides Tater Tots Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Grape Uncrustable	Main Entrée Mini Corn Dogs Sides Baked beans Fresh Fruit & Veggie Bar Alternates Ham & Cheese Sub Grape Uncrustable	Main Entrée Italian Dunkers w/marinara sauce Sides Crispy French Fries Fresh Fruit & Veggie Bar Alternates Chicken Caesar Salad Grape Uncrustable	Main Entrée Orange Chicken Sides Brown Rice Fortune Cookie Fresh Fruit & Veggie Bar Alternates Southwest Salad Grape Uncrustable	Main Entrée Lasagna Rollup Sides Caesar Salad Breadstick (served w/lasagna only) Fresh Fruit & Veggie Bar Alternates Turkey & Cheese Sub Grape Uncrustable

Student Breakfast \$2.50 Student Lunch \$3.75 Adult Lunch \$3.85 Ala Carte Milk \$0.65