

# New Heights School Lunch - April 2018

**Student Lunch - \$3.25**

**Adult Lunch \$3.65**

**Breakfast \$2.00**

Monday	Tuesday	Wednesday	Thursday	Friday
2nd	3rd	4th	5th	6th
<b>Chicken Strips</b> BBQ Dipping Sauce Green Beans Carrot Sticks Fresh Apple Ranch Dressing <b>ALTERNATE:</b> Spiced Turkey & Cheese Sub	<b>Cheeseburger</b> Hamburger Bun Fresh Zucchini Vegetarian Baked Beans Fresh Banana Ranch & Ketchup <b>ALTERNATE:</b> Chicken Caesar Wrap	<b>Chicken Drumstick</b> Loaded Mashed Potatoes Fresh Broccoli & Ranch Dressing Mandarin Oranges Whole Grain Cookie <b>ALTERNATE:</b> Turkey Club Sub	<b>Popcorn Orange Chicken</b> Vegetable Brown Fried Rice Kohlrabi and Grape Tomatoes Fresh Grapes Ranch Dressing <b>ALTERNATE:</b> Southwest Chicken Wrap	<b>Walking Tacos</b> Seasoned Beef, Nacho Tortilla Chips Shredded Cheddar Cheese Shredded Romaine Baby Carrots, Fresh Melon <b>ALTERNATE:</b> Turkey Ham & Cheese Ciabatta
9th	10th	11th	12th	13th
<b>Crispy Chicken on a Bun</b> Celery Smiles Steamed Corn Chilled Pears <b>ALTERNATE:</b> Italian Cold Cut Combo	<b>Mini Turkey Corn Dogs</b> Vegetarian Baked Beans Romaine Salad French Dressing Fresh Banana Ketchup <b>ALTERNATE:</b> Chicken Cheddar Wrap	<b>BBQ Beef Riblet</b> Hoagie Roll Glazed Carrots Fresh Sugar Snap Peas Applesauce <b>ALTERNATE:</b> Roast Turkey And Cheese Sandwich	<b>Sweet &amp; Sour Chicken Meatballs</b> Vegetable Brown Rice Fresh Broccoli & Ranch Dressing Grape Tomatoes & Ranch Dressing Fresh Melon <b>ALTERNATE:</b> Turkey Club Sub	<b>Italian Meatsauce</b> over Penne Pasta Mixed Green Salad Fresh Apple Ranch Dressing <b>ALTERNATE:</b> Spiced Turkey & Cheese Ciabatta
16th	17th	18th	19th	20th
<b>French Toast &amp; Syrup</b> <b>Turkey Sausage</b> Fresh Cucumbers Chilled Peaches Wango Mango Veggie Juice <b>ALTERNATE:</b> Spiced Turkey & Cheese Sub	<b>Chicken Tacos</b> Whole Grain Tortilla Shredded Cheddar Cheese Taco Sauce Chipotle Style Beans Shredded Romaine Fresh Banana <b>ALTERNATE:</b> Chicken Caesar Wrap	<b>Meatball Hoagie</b> Beef Meatballs in Marinara Sauce Hoagie Roll Shredded Mozzarella Cheese Fresh Apple Tater Tots & Ketchup Celery Smiles <b>ALTERNATE:</b> Turkey Club Sub	<b>Turkey Cheeseburger</b> Hamburger Bun Shredded Lettuce Roasted Red Potatoes Fresh Strawberries Ketchup <b>ALTERNATE:</b> Southwest Chicken Wrap	<b>Garlic Cheese Pizza Bread</b> Marinara Sauce Kale & Romaine Salad Italian Dressing Fresh Orange <b>ALTERNATE:</b> Spiced Turkey & Cheese Ciabatta
23rd	24th	25th	26th	27th
<b>Beef Hot Dog on a Bun</b> Ketchup Jicama Sticks & Ranch Dressing Vegetarian Baked Beans Chilled Mixed Fruit <b>ALTERNATE:</b> Italian Cold Cut Combo	<b>Chicken &amp; Gravy</b> <b>Creamy Mashed Potato</b> Bread & Butter Zucchini Coins Fresh Banana Giant Graham Cracker Ranch Dressing <b>ALTERNATE:</b> Chicken Cheddar Wrap	<b>BBQ Chicken Slider</b> <b>Mac &amp; Cheese</b> Fresh Broccoli & Carrots Ranch Dressing Fresh Apple <b>ALTERNATE:</b> Roast Turkey And Cheese Sandwich	<b>Cheese Stuffed Breadsticks</b> <b>Marinara Dipping Sauce</b> Spinach Salad Italian Dressing Celery Smiles Fresh Grapes <b>ALTERNATE:</b> Turkey Club Sub	<b>Cheeseburger Meatloaf Ciabatta</b> WG Ciabatta roll Fresh Broccoli w ranch Steamed Carrots Fresh Melon <b>ALTERNATE:</b> Turkey Ham & Cheese Ciabatta
30th	May 1st	May 2nd	May 3rd	May 4th
<b>Sabino's Pizza Burger</b> Italian Seasoned Beef on Garlic Toast Shredded Mozzarella Cheese Baby Carrots Hummus Fresh Orange <b>ALTERNATE:</b> Italian Cold Cut Combo	<b>BBQ Beef Meatballs</b> Fresh Broccoli Potato Wedges & Ketchup Cornbread Fresh Grapes <b>ALTERNATE:</b> Chicken Cheddar Wrap	<b>Creamy Chicken Alfredo</b> <b>Penne Pasta</b> Romaine Salad & Italian Dressing Baby Carrots Fresh Melon WG French Bread <b>ALTERNATE:</b> Roast Turkey And Cheese Sandwich	<b>Beef Tacos</b> Whole Grain Tortilla Cheddar Cheese Shredded Romaine Lettuce Refried Beans Fresh Apple Taco Sauce & Sour Cream <b>ALTERNATE:</b> Turkey Club Sub	<b>Teriyaki Chicken Slider</b> Chicken Egg Roll Sweet & Sour Dip Crunchy Cauliflower Florets Chilled Pineapple <b>ALTERNATE:</b> Spiced Turkey & Cheese Ciabatta